

FEBRUARY 2019

EGG HARBOR TOWNSHIP MIDDLE SCHOOLS

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Menu Prices Are: Full Lunch \$3.25 Reduced Lunch \$.40 Choice of Milk \$.60 Fresh Fruit Offered Daily	Menu Subject to Change	MILK CHOICES ARE: 1% LOW-FAT WHITE, SKIM, NON FAT CHOCOLATE & LACTAID MILK AVAILABLE		1 CHEESE PIZZA SAUTÉED' SPINACH SEASONED GREEN PEAS CHILLED APPLE JUICE CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A BUN	TOSSED SALAD'S	HAM & CHEESE ON A CROISSANT
4 PEPPER JACK CHEESEBURGER ON A BUN "FREE BAG OF CHIPS" SEASONED TATAR ROUNDS SEASONED CARROTS CHILLED ORANGE SLICES CHOICE OF MILK	5 GRILLED CHEESE TOMATO SOUP SEASONED SPINACH CHILLED APPLE SAUCE CHOICE OF MILK	6 BREADED MOZZARELLA STICKS TOMATO SAUCE FRESH CARROTS SEASONED MIXED VEGETABLES CHILLED ORANGE SLICES CHOICE OF MILK	7 BAKED POTATO BAR CHILI, SHREDDED CHEDDAR, SOUR CREAM, SALSA, BROCCOLI, MIXED FRUIT, DINNER ROLL CHOICE OF MILK	8 PEPPERONI PIZZA SEASONED GREEN BEANS SEASONED CARROTS APPLE SAUCE CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A BUN	TOSSED SALAD'S	EGG SALAD ON A KAISER ROLL
11 MEATBALL SUBMARINE ONION RINGS SEASONED PEAS FRESH BANANA CHOICE OF MILK	12 CHEESE STEAK BAKED BEANS SAUTÉED ONIONS CHILLED ORANGE SMILES CHOICE OF MILK	13 ITALIAN BREAD STICKS MOZZARELLA CHEESE, RED SAUCE SEASONED GREEN BEANS, CHILLED BLUEBERRY CUP CHOICE OF MILK	14 FLUFFY PANCAKES BREAKFAST SAUSAGE, SYRUP, TATER TOTS, APPLE JUICE, FRESH BANANA CHOICE OF MILK	15 FRENCH BREAD PIZZA TOSSED SALAD W/ DRESSING SAUTÉED' SPINACH CHILLED FRESH APPLE CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A BUN	TOSSED SALAD'S	TUNA SALAD ON A KAISER ROLL
18 No School President's Day	19 CHICKEN PATTY ON A BUN VEGETARIAN BEANS SEASONED CARROTS FRESH BANANA CHOICE OF MILK	20 GRILLED CHEESE SANDWICH TOMATO SOUP MIXED VEGETABLES CHILLED PEACHES CHOICE OF MILK	21 HOT HAM & CHEESE ON A PRETZEL BUN "FREE BAG OF CHIPS" SEASONED POTATO SMILES FRESH APPLE CHOICE OF MILK	22 CHEESE PIZZA SEASONED BROCCOLI SEASONED GREEN PEAS CHILLED PEACHES CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A BUN	TOSSED SALAD'S	EGG SALAD ON A KAISER ROLL
25 PEPPER JACK CHEESE BURGER ON A BUN "FREE BAG OF CHIPS" TATER TOTS SEASONED CORN CHILLED APPLE SAUCE CHOICE OF MILK	26 ITALIAN BREAD STICKS MOZZARELLA CHEESE, RED SAUCE SEASONED GREEN BEANS, CHILLED BLUEBERRY CUP CHOICE OF MILK	27 TWIN HARD TACO'S SALSA, SHREDDED CHEDDAR, SOUR CREAM, LETTUCE & TOMATO SEASONED CORN CHOICE OF MILK	28 CREAMY MACARONI & CHEESE STEWED TOMATOES SEASONED CARROTS CHILLED PEARS CHOICE OF MILK	
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A BUN	TOSSED SALAD'S	TUNA SALAD ON A KAISER ROLL

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