

# JANUARY, 2018

## EGG HARBOR TOWNSHIP HIGH SCHOOL

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1 No School New Year's Day Observed  <b>Menu Subject To Change</b>	2 Cheese Steak Baked Beans Sautéed Onions Chilled Orange Smiles Choice of Milk	3 Meatball Submarine Onion Rings Seasoned Peas Fresh Banana Choice of Milk	4 Twin Taco's (2) Cheese Sauce, Taco Sauce, Sour Cream, Seasoned Corn Chilled Apple Sauce Choice of Milk	5 Hot Ham & Cheese On a Pretzel Bun Sautéed Spinach Tossed Salad Chilled Apple Juice Choice of Milk
WEEKLY ALTERNATES:      PERSONAL PAN PIZZA      SALAD BAR      SANDWICHES MADE TO ORDER      FRESH GRILL				
8 Pepper Jack Cheeseburger on a Bun Seasoned Tatar Rounds Seasoned Carrots Chilled Orange Slices	9 Grilled Cheese Tomato Soup Seasoned Spinach Chilled Apple Sauce Choice of Milk	10 Tatar Tot Taco With Shredded Cheddar, Taco Sauce, Sour Cream, Dinner Roll Seasoned Carrots Chilled Peaches Choice of Milk	11 Sloppy Joe on a Kaiser Roll Seasoned Corn Chilled Fresh Apple Choice of Milk	12 Pizza Crunchers Seasoned Broccoli Tossed Salad Chilled Pears Choice of Milk
WEEKLY ALTERNATES:      PERSONAL PAN PIZZA      SALAD BAR      SANDWICHES MADE TO ORDER      FRESH GRILL				
15  <b>No School Dr. Martin Luther King's Birthday</b>	16 Pepper Jack Cheese Burger on a Bun Sautéed Onion Seasoned Potato Wedges Chilled Blueberry Cup Choice of Milk	17 Chicken Patty on a Bun Vegetarian Beans Seasoned Carrots Fresh Banana Choice of Milk	18 Baked Potato Bar Chili, Cheese Sauce, Sour Cream, Salsa, Broccoli, Mixed Fruit, Dinner Roll Choice of Milk	19 Stuffed Bread Stick Pizza Sauce Sautéed Spinach Chilled Fresh Apple Choice of Milk
WEEKLY ALTERNATES:      PERSONAL PAN PIZZA      SALAD BAR      SANDWICHES MADE TO ORDER      FRESH GRILL				
22 Crispy Popcorn Chicken Fluffy Rice Seasoned Corn Mixed Vegetables Chilled Orange Slices Choice of Milk	23 Grilled Cheese Sandwich Tomato Soup Green Peas Chilled Peaches Choice of Milk	24 Whole Grain Funnel Cake, Powdered Sugar Savory Ham Slice Apple Juice Tater Rounds Mixed Fruit Choice of Milk	25 Twin Soft Taco's Salsa, Shredded Cheddar, Sour Cream, Lettuce & Tomato Seasoned Corn Choice of Milk	26 Hot Ham & Cheese On a Kaiser Roll Seasoned Broccoli Tossed Salad Chilled Peaches Choice of Milk
WEEKLY ALTERNATES:      PERSONAL PAN PIZZA      SALAD BAR      SANDWICHES MADE TO ORDER      FRESH GRILL				
29 Chicken Tenders Breadstick Seasoned Spinach Chilled Apple Sauce Choice of Milk	30 Italian Bread Sticks Mozzarella Cheese, Pizza Sauce Seasoned Green Beans, Chilled Blueberry Cup Choice of Milk	31 Fluffy Pancakes Savory Sausage Patty, Syrup, Apple Juice, Fresh Banana Choice of Milk	<b>Menu Prices Are: Full Lunch \$3.00 Reduced Lunch \$.40 Choice of Milk \$.60</b>	<b>MILK CHOICES ARE: 1% Low-Fat White, Skim, Non Fat Chocolate &amp; Lactaid Milk Available</b>
WEEKLY ALTERNATES:      PERSONAL PAN PIZZA      SALAD BAR      SANDWICHES MADE TO ORDER      FRESH GRILL				

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