

MAY, 2018

EGG HARBOR TOWNSHIP MIDDLE SCHOOLS

MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Milk Choices Are: Skim, 1% Low-Fat White, No Fat Chocolate, Strawberry, Lactaid Milk	1 CHICKEN FAJITA PEPPERS & ONIONS SALSA, & SOUR CREAM SAUTÉED SPINACH CHILLED PEARS CHOICE OF MILK	2 FLUFFY PANCAKES HAM SLICE STEAK FRIES SYRUP CARROT STICKS APPLE JUICE CUP ORANGE SMILES CHOICE OF MILK	3 CHEESEBURGER ON A WHOLE GRAIN BUN CUCUMBER SLICES WITH RANCH DRESSING BAKED BEANS CHILLED APPLE SAUCE CHOICE OF MILK	4 CHEESE PIZZA SEASONED PEAS SEASONED SPINACH CHILLED MIXED FRUIT CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	TUNA & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
7 CRISPY CHICKEN TENDERS W HONEY MUSTARD SAUCE FLUFFY BROWN RICE SEASONED BROCCOLI CHILLED JUICE CUP CHOICE OF MILK	8 ITALIAN BREAD STICKS PIZZA SAUCE, MOZZARELLA CHEESE, SEASONED GREEN BEANS, CHILLED APPLE SAUCE CHOICE OF MILK	9 BAKED CHICKEN WITH FLUFFY BROWN RICE CARROTS SEASONED CORN CHILLED PEARS CHOICE OF MILK	10 MEATBALL HOAGIE ON A WHOLE GRAIN ROLL SEASONED GREEN BEANS SEASONED SPINACH CHILLED MIXED FRUIT CHOICE OF MILK	11 STUFFED CRUST PIZZA TOSSED SALAD SEASONED BROCCOLI CHILLED PEARS CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	HAM & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
14 CHEESEBURGER ON A WHOLE GRAIN BUN CARROT STICKS WITH RANCH DIP BAKED BEANS CHILLED FRUIT JUICE CUP CHOICE OF MILK	15 HAM EGG & CHEESE ON A WHOLE GRAIN CROISSANT SEASONED TATER ROUNDS APPLE JUICE CUP FRESH FRUIT CHOICE OF MILK	16 ITALIAN BREAD STICKS PIZZA SAUCE, MOZZARELLA CHEESE, SEASONED GREEN BEANS, CHILLED PINEAPPLE CHOICE OF MILK	17 TWIN HARD TACO TACO MEAT, CHEDDAR CHEESE SAUCE LETTUCE & TOMATO, SOUR CREAM, SALSA CHILLED MIXED FRUIT CHOICE OF MILK	18 CHEESE PIZZA TOSSED SALAD CARROT STICKS W/ LOW FAT RANCH DRESSING CHILLED APPLE SAUCE CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	CHICKEN SALAD ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
21 HOT DOG ON A WHOLE GRAIN BUN SAUERKRAUT BAKED BEANS ORANGE SMILES CHOICE OF MILK	22 GRILLED CHEESE SANDWICH TOMATO SOUP SAUTÉED SPINACH CHILLED PEARS CHOICE OF MILK	23 CHICKEN PATTY ON A WHOLE GRAIN BUN SEASONED BROCCOLI BAKED BEANS CHILLED JUICE CUP CHOICE OF MILK	24 HAM EGG & CHEESE ON A WHOLE GRAIN CROISSANT OR WG BUN SEASONED TATER ROUNDS APPLE JUICE CUP FRESH FRUIT CHOICE OF MILK	25 STUFFED CRUST PIZZA SEASONED SPINACH SEASONED GREEN BEANS CHILLED PEARS CHOICE OF MILK
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	HAM & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD
28 No School!!!! Memorial Day <i>This Institution Is An Equal Opportunity Provider</i> <i>El USDA Es' Un Proveedor Y Empleador Ofrce Igualdad de oportunidades</i>	29 CHEESE BURGER ON A WHOLE GRAIN BUN CURLY FRIES CARROTS CHILLED PEARS CHOICE OF MILK	30 CHEESE STEAK ON A WG STEAK ROLL PEPPERS & ONIONS SEASONED CARROTS ORANGE SMILES CHOICE OF MILK	31 CHILI CON CARNE FLUFFY BROWN RICE SHREDDED CHEDDAR CHEESE, TACO SAUCE, SOUR CREAM, SEASONED CORN FRESH BANANA CHOICE OF MILK	Student Lunch \$3.25 Reduced Price Lunch \$.40 Milk \$.60 ASSORTED FRUIT BASKETS
WEEKLY ALTERNATES:	PEANUT BUTTER & JELLY SANDWICH	HOT DOG ON A WHOLE GRAIN BUN	TUNA & CHEESE ON A WG KAISER ROLL	TOSSED ROMAINE SALAD

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